

## BEACHWOOD NURSERY SCHOOL & EARLY LEARNING CENTER

Parent/Guardian Permission Form to apply Sunscreen Ointment ( revised 2016))

Name of Child \_\_\_\_\_

Date \_\_\_\_\_

As a parent, I recognize that my child is at risk of sun burn during outdoor play. Therefore, I give **permission** to Beachwood Nursery School & Early Learning Center Staff to apply parent provided sunscreen \_\_\_\_\_.(Name of Product)

I understand that sunscreen must have a sun protection factor (**SPF**) of **15** or higher to prevent both sunburn and tanning.

It must also state that it protects against **UVA** and **UVB rays**; referred to as a "**broad spectrum sunscreen**".

**Staff will apply sunscreen 30 minutes before outdoor play, reapply according to the manufacturer's instruction, and remove protection on infants with a wipe upon re-entering the classroom.**  
**Sunscreen is not recommended for Infants under 6 months.**

Please **label** the sunscreen with your child's name. (**No** insect repellent/sunscreen products)

### **SUN-SMART STRATEGIES for BNS children:**

1. Encourage Staff & Children to wear wide brim hats that protect their faces, neck and ears when outside. Parents are requested to provide hats and sunglasses for sensitive eyes.
2. Encourage Staff & Children to wear sun-protective clothing , i.e. loose fitting, full length, & light colored clothing, when temperatures are reasonable.
3. Encourage staff to wear sunglasses that block 100% of the UVA &UBA rays when outside.
4. Use shaded areas in the play yards.
5. Schedule time outdoors before 10:00 AM or after 2:00 PM in warmer weather when possible.
6. Children will be provided water to drink before and during periods of outdoor play in warm weather.
7. Staff will apply the appropriate sunscreen according to the above information.
8. Outdoor activities will be limited according to the **heat index** during the Summer months with alternative physical activities provided in the classroom or in the all - purpose room.

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_